



# KEEP IT SIMPLE STUPID DOG TRAINING

## BEGINNER CLASS NOTES – WEEK 1

### Your Dog Needs To Know “5” Things To Be A Great Pet...

1. **Basic Commands (sit, down, stand, watch me and stay) and how to use them together!**
2. **How to have a soft mouth or bite inhibition**
3. **Socialization skills to both people and dogs**
4. **Leash skills**
5. **Come when called**

### NEW BEHAVIORS FOR THE WEEK:

1. **Basic Commands**
  - a. Introduce the clicker – positive mark, negative mark & no reward mark
  - b. Load the clicker or say thank you!
  - c. The commands (sit, down, stand and watch me) Stay comes later
  - d. The release word – all done
2. **Social Skills**
  - a. Arguments and even fights are OK, but damage is never OK
  - b. Jazz up and settle down
  - c. Woof and Shoosh
  - d. Cradle and message (feet, teeth, ears and privates)
  - e. 50 First Dates !
  - f. Classical conditioning & The Cookie Man, Kid and Dog
  - g. The difference between lures and bribes and how to use a reward
3. **Leash Skills**
  - a. Don't Turn your back on me
4. **Soft Mouth/Bite Inhibition**
  - a. Feeding the shark. Hand feeding Fido and the right way to do it!
  - b. Easy, Gentle and Wait
  - c. Throw away the food bowl
  - d. Use a stuffed toy to feed!
5. **Come when called/ Recall**
  - a. Collar Grab is good
  - b. Never punish on a recall
  - c. Never end the fun on a recall
  - d. Never chase
  - e. Ping Pong in the house
6. **First Aid**
  - a. Respiration rate
    - i. 15-30 breaths per minute
  - b. Heart rate
    - i. 60-160 beats/minute
    - ii. Heart located behind left front leg
    - iii. Femoral artery for pulse inside back left leg
  - c. Temperature
    - i. 100-102 degrees
  - d. 3 Life Saving Health Tests
    - i. Color of gums=pink; inside eyelid=pink
    - ii. Capillary refill time (CRT) checked via gums or loose skin on top of head

iii. Dehydration - gums should be slippery/not sticky

### Training Combo Pack



Muttz "R" Us treat bag, clicker and lanyard combo...

**Save \$3 if you buy all three together!**

### Poochie Bells



Red Poochie Bells  
Regular Price \$17.00

**10% off the purchase of one available color poochie bells with this coupon!**  
**Doggie Spa Day!**

### Kong Products



Three Different sizes ranging from \$11.00 - \$22.00.

**Receive 10% off your purchase of 1 KONG product with this coupon!**

# Coupons

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Questions to ask:



# KEEP IT SIMPLE STUPID DOG TRAINING

## BEGINNER CLASS NOTES – WEEK 2

### Your Dog Needs To Know “5” Things To Be A Great Pet...

1. Basic Commands (sit, down, stand, watch me and stay) and how to use them together!
2. How to have a soft mouth or bite inhibition
3. Socialization skills to both people and dogs
4. Leash skills
5. Come when called

### New Behaviors For The Week

1. Basic Commands
  - a. Puppy Push Ups (two commands for one treat)
  - b. Puppy Jumping Jacks (two commands for one treat)
  - c. The 3 D's and why Stay is so hard
  - d. Rule of two and building duration stays
  - e. 15 second stays – all commands
2. Social Skills
  - a. 15 minute ignore
  - b. Sit say please
  - c. Non negotiable rules
  - d. Cradle and Message with a stranger (me)
  - e. Item exchange...the 1<sup>st</sup> step
3. Leash Skills
  - a. Don't turn your back on me, with steps
  - b. Three point place... Front, Right and Left
  - c. Use the walk as a way to practice
4. Soft Mouth/Bite Inhibition
  - a. Squeaky toys and how to use
5. Come when called/Recall
  - a. Hide and seek and lots of treat jars
6. Dog Food Talk
  - a. Protein type, should be first ingredient
  - b. No wheat or corn, rice; sweet potato; barley, etc.
  - c. Omega's and fish oil for coat and skin
  - d. Unique proteins, less chance for allergies; fish, venison, buffalo, etc.
  - e. All that said, buy the best you can afford

<p><b>Doggie Day Care</b></p>  <p>Socialization skills galore for five full days! Regular price \$80.00</p> <p><b>Enjoy for 10% off with this coupon!</b></p>	<p><b>Squirrel Dude</b></p>  <p>3 sizes S-M-L Regular Price \$16.00</p> <p><b>Enjoy \$1.00 off with this coupon!</b></p>	<p><b>Run DeVue Leashes</b></p>  <p><b>The Primo No Pull Leash</b></p> <p><b>\$5.00 off any Leash</b></p>
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# Coupons

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Questions to ask:



# KEEP IT SIMPLE STUPID DOG TRAINING

## BEGINNER CLASS NOTES – WEEK 3

### Your Dog Needs To Know “5” Things To Be A Great Pet...

1. Basic Commands (sit, down, stand, watch me and stay) and how to use them together!
2. How to have a soft mouth or bite inhibition
3. Socialization skills to both people and dogs
4. Leash skills
5. Come when called

### New Behaviors For the Week

1. Basic Commands
  - a. Start combining “push ups and jumping jacks” into behavior chains (Four behaviors for one treat)
  - b. Difference between sphinx and settle (Relax is good!)
  - c. The circle and introducing distance to stays
  - d. By next week 20 second stays duration only
2. Social Skills
  - a. The door bell, and how to use it to your advantage (shoosh or a cool cue)
  - b. Leave it and Wait
  - c. Play Bow on cue and why
3. Leash Skills
  - a. 3 Pt Place with sit and Down (2 commands for 1 treat)
  - b. Add penalty yards to the PULL
  - c. Inside and Outside turns on leash
  - d. First crack at the cone course
4. Soft Mouth/Bite Inhibition
  - a. Tug and Fetch, the right way
5. Come when called /Recall
  - a. Long line work in class
  - b. Body language tricks

**10% off  
Any  
Plush Toy...**



**Doggie Boarding**



Weekend Rates for a medium dog

Regular Price \$32.78 - \$36.80

**Enjoy 20% off the purchase of one boarding weekend with this coupon!**

**Forgot your Treats???**  
**10% OFF**  
**Any Treat...**



# Coupons

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Questions to ask:



# KEEP IT SIMPLE STUPID DOG TRAINING

## BEGINNER CLASS NOTES – WEEK 4

### Your Dog Needs To Know “5” Things To Be A Great Pet...

1. Basic Commands (sit, down, stand, watch me and stay) and how to use them together!
2. How to have a soft mouth or bite inhibition
3. Socialization skills to both people and dogs
4. Leash skills
5. Come when called

### New Behaviors For the Week

1. Basic Commands
  - a. Turn a “Settle Down” to Roll on to side (Belly Rub Time)
  - b. Commands from standing, sitting and laying down
  - c. Moving in and out with distance
  - d. All 4 part behavior chains with 20sec stay on each command
  - e. At least a 30 second stay for all commands
  - f. Leave it with Toys
2. Social Skills
  - a. Wag Tail on command
  - b. How to greet another dog
  - c. Dog body language
  - d. Greeting strangers
3. Leash Skills
  - a. 3pt Place with Sit Down and Watch Me (3 commands for 1 treat)
  - b. Cone course while holding bells in your hand
4. Soft Mouth/Bite Inhibition
  - a. Taking treats from strangers (me)
5. Come when called/Recall
  - a. Recall with distractions
  - b. Tossing a ball
  - c. Using a squeaker
  - d. Moving objects
  - e. Long Line

**Tennis Tug**



Regular Price \$16.00

**10% off the purchase of one tennis tug with this coupon!**

**Natures Select Dog Food At**



**\$2.00 off the regular price of one 20lb bag with this coupon!**

**MRU T-shirt**



20% off any T-shirt!

# Coupons

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Questions to Ask:



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## Beginner CLASS NOTES – WEEK 5

### Your Dog Needs To Know “5” Things To Be A Great Pet...

1. Basic Commands (sit, down, stand, watch me and stay) and how to use them together!
2. How to have a soft mouth or bite inhibition
3. Socialization skills to both people and dogs
4. Leash skills
5. Come when called

### New Behaviors For the Week

1. Basic Commands
  - a. All commands with distractions, 60 second duration and in a behavior chain
  - b. Able to work all commands from a standing, sitting in chair and sitting on floor position
  - c. Take roll onto side and turn into roll over and boo!
  - d. Triangle game
2. Social Skills
  - a. Leave it with Treats
  - b. Drop it with Favorite toy
  - c. Wait with Favorite toy
  - d. CGC Prep (Handout)
    - i. Greeting a stranger with a dog, while sitting for pet and also being groomed
3. Leash Skills
  - a. 3pt Place with a cross over
  - b. Cone course holding a cup of water
  - c. 10 stops with 10 sitting watch me's without asking for command
4. Soft Mouth/Bite Inhibition
  - a. Play tug with owner or stranger with drop it and take it and no teeth (Me)
  - b. Easy, Gentle and Wait with stranger (Me Again)
5. Come when called/Recall
  - a. Loose leash walk to corner of kennels, place dog in sit stay or down stay, walk to trainers desk, count to 20, release, recall and treat.

You are done Come back next week for your diploma and graduation gift!!!!!!

# 10% off any Potty Training Aid



While your dog is at doggie daycare at the Kennels, treat Fido to a bath, nail trim and brush out!

Regular price \$54.05

**Enjoy all of this for 10% off  
with coupon!**

## Thundershirt



Regular Price \$36.00 - \$41.00

**10% off the purchase of one  
thundershirt with this  
coupon!**

# Coupons

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Questions To Ask